



OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC CHURCH OF GREATER WASHINGTON



Beloved OLPH family members,

Monday, February 20th is Ash Monday. Ash Monday signifies the beginning of the 50-day period of the Great Fast or Lent. Its significance lies in the biblical meaning of repentance. "And I repent in dust and ashes" (Job 42:6). The king of Nineveh covered himself with ashes in repentance after receiving God's word from Jonah. Ashes also represent the transience of our life on Earth. Therefore, during Lent, let us bring ourselves in repentance and reflect on the impermanence of our earthly attachments and fixate ourselves in discerning the will of God in our lives. "The world is passing away, along with its desires; but whoever does the will of God remains forever" (1 John 2:17).

With love,
Royachan



Ash Monday

ASH MONDAY IS A DAY OF FASTING AND
PRAYER THAT COMMEMORATES THE
BEGINNING OF LENT

6:00PM- ADORATION AND CONFESSION

6:30PM- ASH MONDAY PRAYERS AND
HOLY MASS

FEBRUARY 20, 2023

CCD ANNUAL DAY

All CCD students are encouraged to join! Please give students name to Suneetha Thomas as soon as possible



SUNDAY, FEBRUARY 26
AFTER 9:30AM MASS

DAILY SCHEDULE

Our Lady of Perpetual Help Syro Malabar Catholic Church of Greater Washington

20533 Zion Road, Gaithersburg, MD 20882

SATURDAY	February 18, 2023	9:00 AM	ADORATION & CONFESSION	1st Reading: 1 Cor 15:50-57 The dead will be raised imperishable
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel: Mt 23:1-12 Those who exalt themselves will be humbled
		10:15 AM	OLPH NOVENA	
SUNDAY	February 19, 2023	9:00 AM	ADORATION & CONFESSION	1st Reading: Ex 34:27-35 (34:1-7,27-35) The fasting of Moses
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: Isa 58:1-10 (58:1-12,14) The spirit of the true fasting
			CCD CLASS	3rd Reading: Eph 4:17-24 (4:17-5:4,15-21) Put away your old self and clothe yourselves with a new self
		11:00 AM	HOLY MASS IN ENGLISH	Gospel: Mt 4:1-11(3:16-4:11) Jesus overcomes temptation
MONDAY	February 20, 2023	6:00 PM	ADORATION & CONFESSION	1st Reading: Rom 1:16-25 (1:1-25) The sin of man and its consequence
		6:30 PM	ASH MONDAY HOLY MASS IN MALAYALAM	Gospel: Mt 5:17-26 (5:17-37) Reconciliation with fellow beings
TUESDAY	February 21, 2023	6:00 PM	WAY OF THE CROSS	1st Reading: Rom 2:1-6 (1:28-2:6) Do not judge others
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mt 5:38-42 (5: 38-48) Love generously
WEDNESDAY	February 22, 2023	6:00 PM	WAY OF THE CROSS	1st Reading: Rom 2:12-24 (2:7-27) Salvation is not through the law
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mt 6:5-8 (6:1-18) Power of the secret prayer
THURSDAY	February 23, 2023	6:00 PM	WAY OF THE CROSS	1st Reading: Rom 3:9-20 (2:28-3: 26) All are sinners
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mt 6:25-34 (6:19-34) Depend on the divine providence
FRIDAY	February 24, 2023	6:00 PM	WAY OF THE CROSS	1st Reading: Rom 4:13-25 (3:31-4:25) Faith of Abraham
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mt 7:1-6 (7:1-14) Do not judge
SATURDAY	February 25, 2023	9:00 AM	WAY OF THE CROSS	1st Reading: Rom 3:21-26 Those who believed are justified
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel: Mt 6:9-15 (6:5-15) The prayer taught by Christ
		10:15 AM	OLPH NOVENA	
SUNDAY	February 26, 2023	9:00 AM	WAY OF THE CROSS	1st Reading: Gen 5:19-31 Persons who lived with God
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: Josh 4:15-24 To the Lord of salvation through Jordan
				3rd Reading: Rom 6:15-23 (6:1-23) Newness of life in Christ through baptism
		11:00 AM	CCD ANNUAL DAY	Gospel: Mt 7:21-27(7:15-27) The true disciple

UPCOMING EVENTS

2022-2023

20

F E B

ASH MONDAY

26

F E B

CCD ANNUAL DAY

24

M A R

3-DAY LENTEN RETREAT

02

A P R

PALM SUNDAY

06

A P R

HOLY THURSDAY

07

A P R

GOOD FRIDAY

09

A P R

EASTER

16

A P R

KOC FAMILY DAY

04

J U N

CCD FINAL EXAM

08

J U L

FIRST HOLY COMMUNION

26

J U L

SYRO YOUTH FESTIVAL & WORLD
YOUTH DAY IN PORTUGAL

01

S E P

3-DAY PARISH FEAST PREPARATION
RETREAT BY FR. DAVIS CHIRAMEL

08

S E P

3-DAY PARISH FEAST CELEBRATION

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