



# OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC CHURCH OF GREATER



## From Our Vicar

Beloved OLPH Families,

November 13th is the feast of **Saint Frances Cabrini**. Saint Frances Xavier Cabrini, born in Lombardy, Italy, took private religious vows at twenty-seven, adopting "Xavier" in homage to the Jesuit missionary. Despite her initial intention to evangelize in China with the Missionary Sisters of the Sacred Heart of Jesus, Pope Leo XIII redirected her to the west. In 1889, she arrived in New York, where she founded an orphanage for Italian immigrant children. Her work extended to establishing schools, hospitals, and a prison ministry. Frances passed away in 1917, leaving a legacy of sixty-seven institutes across Europe and the Americas. She is honored as the patroness of immigrants.

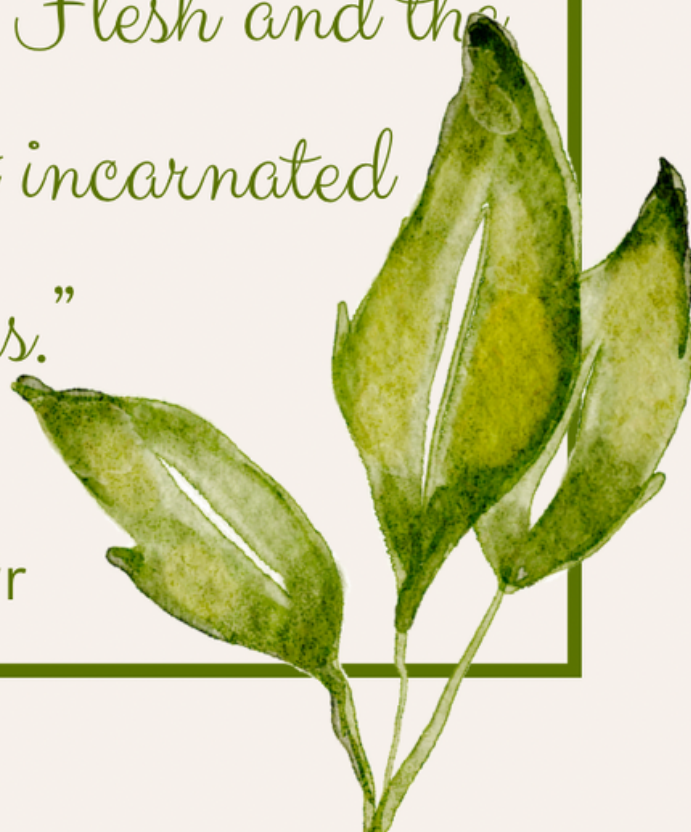
November 15th is the feast of **Saint Albert the Great**, who was from Bavaria, Germany. He entered the Dominican Order, achieving the title "Master of Theology" at the University of Paris in 1244. Known for his comprehensive knowledge, Albert's extensive writings spanned science, philosophy, theology, and morality. His paraphrasing of Aristotle greatly influenced his student Thomas Aquinas. Designated a Doctor of the Church in 1931 by Pope Pius XI, Albert was recognized as a saint whose example should inspire an age eager for peace and hopeful in scientific discoveries.

With Love,  
Rijoachan

# Reflections on the Eucharist

*“The food which has been made into the Eucharist by the Eucharistic prayer set down by him ... is both the Flesh and the Blood of that incarnated Jesus.”*

— St. Justin the Martyr




# Blessing of Baby Jesus




SUNDAY, NOVEMBER 26TH  
AFTER MALYALAM MASS



**HAPPY  
BIRTHDAY**



**CHRISTINE TENNY  
NOV 12TH**



**WITH LOVE FROM RIJO ACHAN, CCD  
TEACHERS AND FRIENDS**



# Christmas Carols

Our carolers are bringing the cheerful spirit of Christmas to your homes once again!

12/02 - 12/04 ----- Holy Family Ward  
12/09 - 12/10 ----- St Mary's Ward  
12/16 - 12/17 ----- Infant Jesus Ward  
12/23 - 12/24 ----- Little Flower Ward

\*\*Exact time and schedule will be confirmed later\*\*



# DEI VERBUM 2024

## DIOCESAN BIBLE QUIZ

### FIRST ROUND

Saturday  
December 2, 2023

Grades 4-12  
Gospel of Matthew 1-18

Adults  
Gospel of Matthew

### SEMI-FINAL ROUND

Saturday  
February 17, 2024

Grades 4-12  
Gospel of Matthew

Adults  
Gospel of Matthew  
& 2 Corinthians

### FINAL ROUND

Saturday  
May 11, 2024

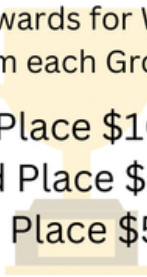
Grades 4-12  
Gospel of Matthew  
& 2 Corinthians

Adults  
Gospel of Matthew, 2 Corinthians,  
& Isaiah 40-66

### PRIZES

Cash Awards for Winners  
from each Group

1st Place \$1000  
2nd Place \$750  
3rd Place \$500



### BIBLES



POC Bible  
(Malayalam)



New American Bible  
Revised Edition (English)

## ENROLL BY NOVEMBER 19, 2023!

Contact your CCD Principal or Parish Bible Quiz Coordinator

**Rev. Dr. George Danavelil**

Director of Dept. of Catechesis  
(630) 286-3767

**Francis Thomas**

(949) 280-0109

**Rev. Fr. Jacob Christy Parambukattil**

Coordinator  
(281) 904-6622

**Nixon Philip**

(714) 399-6785

Email:

[dei.verbum.diocesan.biblequiz@gmail.com](mailto:dei.verbum.diocesan.biblequiz@gmail.com)

*"Ignorance of Scripture is ignorance of Christ" - St. Jerome*



ST. THOMAS SYRO MALABAR EPARCHY OF CHICAGO  
PRESENTS

# EUCCHARISTIA

A LEARNING SERIES ON HOLY QURBANA

**First Saturday of Every month from**  
**October 2023 - September 2024**  
**at 8 pm CST on the Zoom platform**



Meeting ID: 849 8159 0448  
Passcode: Eucharist

**1. OCTOBER 07**

**Old Testament Foundation of the Syro Malabar Holy Qurbana**  
-Fr. Thomas Mulavanal

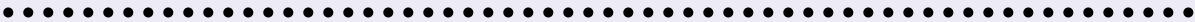
**2. NOVEMBER 04**

**Historical background of the Syro Malabar Holy Qurbana**  
-Rev. Dr. Antony Tharakadavil

**3. DECEMBER 02**

**New Testament Concept of the Holy Eucharist**  
-Rev. Fr. Abraham Mutholath

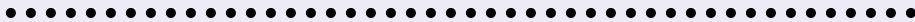
# Monthly Ward Meeting Schedule



1st Friday of the month	Little Flower Ward
2nd Friday of the month	Holy Family Ward
3rd Friday of the month	Infant Jesus Ward
4th Friday of the month	St. Mary's Ward

### Reminders:

- Ward meetings will start at 8pm
- Rosary, prayer, readings (Malayalam and English)
- Request for children's involvement (for example talk about a saint)





# DAILY SCHEDULE

## Our Lady of Perpetual Help Syro Malabar Catholic Church of Greater Washington

20533 Zion Road, Gaithersburg MD 20882

SATURDAY	November 11, 2023	9:00 AM	ADORATION & CONFESSION	1st Reading: Acts 10:9-16 Peter's vision
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel: Lk 5:1-11 From now on you will be catching people
		10:15 AM	OLPH NOVENA	
SUNDAY	November 12, 2023	9:00 AM	ADORATION & CONFESSION	1st Reading: Ex 40:1-16 (39:32-40:16) The Tabernacle and its equipments are sanctified.
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: 1 Kings 8:22-29 (8:10-29) Solomon's prayer before the altar
			CCD CLASS	3rd Reading: Heb 8:1-6 (8:1-9:10) We have a high priest seated at the right hand of the throne of the Majesty.
11:00 AM	HOLY MASS IN ENGLISH	Gospel: Mt 12:1-13 (12:1-21) The Son of Man is Lord of the Sabbath		
<b>NO MASS ON MONDAY</b>				
TUESDAY	November 14, 2023	6:00 PM	ADORATION & CONFESSION	1st Reading: 1 Cor 4:1-5 We are the servants of Christ
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Jn 6:47-53 Eternal life for the one who believes
WEDNESDAY	November 15, 2023	6:00 PM	ADORATION & CONFESSION	1st Reading: 2 Cor 11:7-15 False Apostles
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mk 10:28-30 Remuneration of following Jesus
THURSDAY	November 16, 2023	6:00 PM	ADORATION & CONFESSION	1st Reading: 2 Cor 11:16-21 Paul's sufferings as an apostle
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Lk 10:8-16 Whoever rejects me rejects the one who sent me
FRIDAY	November 17, 2023	6:00 PM	ADORATION & CONFESSION	1st Reading: Gal 4:12-20 I am in the pain of childbirth until Christ is formed in you
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Jn 14:1-7 Jesus is the way to the Father
SATURDAY	November 18, 2023	9:00 AM	ADORATION & CONFESSION	1st Reading: 3 Jn 5-12 Whoever does good is from God
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel: Lk 22:24-30 The great in the Kingdom of God
		10:15 AM	OLPH NOVENA	
SUNDAY	November 19, 2023	9:00 AM	ADORATION & CONFESSION	1st Reading: Num 9:15-18 (7:1-10a+9:15-18) The tent of the covenant is filled with the glory of God
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: Isa 54:1-10 (54:1-15) Good news about the new Jerusalem
			CCD CLASS	3rd Reading: Heb 9:5-15 (9:1-15) Christ entered once for all into the Holy Place with his own blood
11:00 AM	HOLY MASS IN ENGLISH	Gospel: Jn 2:13-22 (2:12-22) The body of Christ is the temple		



# UPCOMING EVENTS 2023

---

**26**  
NOV

**BLESSING OF BABY JESUS**

---

**2**  
DEC

**CHRISTMAS CAROLS**

---

**2**  
DEC

**DEI VERBUM FIRST ROUND**

---

**24**  
DEC

**CHRISTMAS EVE MASS**

---

**21**  
JAN

**CCD HALF YEARLY EXAM**

---

# Editorial Board

Rev. Fr. Rijo Cheerakathil

Tessie Alapatt

Thomas Abraham

Jenson Jose

Suneetha Thomas

Rashmi Roy

Anila Mattathil

Sany Bobby

Boby Augustine

Justin Jose

Sandeep Alapatt

Annie Joseph

Liz Abraham

Venassa Jijo

Riya Roy

Rona Roy

Anjali Thomas

---

## Click on the links below:

- [E-mail us \(newsletter.olph@gmail.com\)](mailto:newsletter.olph@gmail.com)
- [Join the OLPH Voice mailing list.](#)
- [See past issues of OLPH Voice newsletter.](#)
- [Introduce your family in “Get to know an OLPH family”.](#)

## Mailing Address:

20533 Zion Road  
Gaithersburg, MD 20882