



# OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC MISSION OF GREATER WASHINGTON



## From the Pastor's Desk

Beloved OLPH family members,

**October is the month of the Rosary.** The origins of this devotion dates back to the 16th century when the Islamic Ottoman Empire presented a serious military threat to western Europe and sent a fleet of ships to attack Christian defenses in southern Europe. Pope Pius V asked that all the faithful pray the Rosary, requesting the intercession of the Blessed Mother. At the end of the Battle of Lepanto, the Holy League was victorious and the expansion of the Ottoman Empire was permanently prevented. The next year, Pius V established a feast on **October 7** in honor of the Blessed Mother, as **Our Lady of the Rosary** to clearly recognize that the Rosary prayer was the reason for their victory. The Rosary is a powerful weapon against all evil. Let us make a pledge to pray the rosary every day in October to ward off evil, diseases and all other calamities.

As in the past we will begin a **10-day Rosary Devotion** starting from Oct 1<sup>st</sup> through Oct 10<sup>th</sup>. I urge all the OLPH families to join the daily community Rosary as per the schedule found on Page 2 of the newsletter.

**September 29<sup>th</sup>** is the feast of the **Archangels**, and **October 2<sup>nd</sup>** is the feast of the **Guardian Angels**. Angels have been present since creation and throughout the history of salvation, announcing this salvation from afar or near and serving the accomplishment of the divine plan. St. Augustine says: "'Angel' is the name of their office, not of their nature. If you seek the name of their nature, it is 'spirit'; if you seek the name of their office, it is 'angel': from what they are, 'spirit', from what they do, 'angel.'" With their whole beings the angels are servants and messengers of God. Because they "always behold the face of my Father who is in heaven" they are the "mighty ones who do his word, hearkening to the voice of his word"(CCC 329, 333)

With love,  
Royachan

**Rev. Fr. Roy Moolechalil**  
**OLPH Mission Director**

# Weekly Holy Mass and Services

**DAILY MASS & SERVICES** are streamed LIVE  
Click inside this box to connect to our YouTube channel

**SUNDAY MASS** is streamed LIVE and open to the public at  
**Mother of God Community Gym**  
**20501 Goshen Rd, Gaithersburg, MD 20879.**

Day	Time	Worship Service	Readings
Saturday, September 26, 2020	9:30 AM	Adoration & Rosary	Reading 1: <b>I Thess 1:4-8</b>
	10:00 AM	Holy Mass	Gospel: <b>Luke 8:16-21</b>
	10:45 AM	OLPH Novena	
Sunday, September 27, 2020	9:30 AM	Adoration & Rosary	Reading 1: <b>Deut 9:1-6</b> Reading 2: <b>Is 25:1-8</b>
	10:00 AM	Holy Mass in Malayalam	Reading 3: <b>Phil 3:1-11</b> Gospel: <b>Mt 17: 14-21</b>
Monday to Friday	6:30 PM	Adoration & Rosary	<a href="#">Click here to see readings</a>
	7:00 PM	Holy Mass in Malayalam	

# WEEKDAY MASS READINGS

DATE	DAILY MASS READINGS
Monday, September 28, 2020	Reading I: <b>Phil 1: 21-26</b> Gospel: <b>Mark 8: 31-38</b>
Tuesday, September 29, 2020	Reading I: <b>Rev 12:7-12</b> Gospel: <b>John 1: 43-51</b>
Wednesday, September 30, 2020	Reading I: <b>2 Thess 3: 6-12</b> Gospel: <b>Luke 9: 1-6</b>
Thursday, October 1, 2020	Reading I: <b>2 Tim 3: 1-7</b> Gospel: <b>Matthew 8: 1-4</b>
Friday, October 2, 2020	Reading I: <b>Acts 12: 6-11</b> Gospel: <b>Matthew 18: 10-14</b>

# Weekly Schedule

DATE	ROSARY LEADERS	DAILY BIBLE READINGS
Sunday, September 27, 2020	Tessie Alapatt Family	Jeremiah 47, 48
Monday, September 28, 2020	Biju & Rani Family	Jeremiah 49, 50
Tuesday, September 29, 2020	Tessie Alapatt Family	Jeremiah 51, 52
Wednesday, September 30, 2020	Jithu & Shellin Family	Lamentations 1,2
Thursday, October 1, 2020	Jenson & Linta Family	Lamentations 3-5
Friday, October 2, 2020	Asha & Justin Family	Baruch 1, 2
Saturday, October 3, 2020	James & Alphonsa Family	Baruch 3, 4

SEPTEMBER 27



St. Vincent de Paul

SEPTEMBER 28



St. Wenceslaus of Bohemia

SEPTEMBER 29

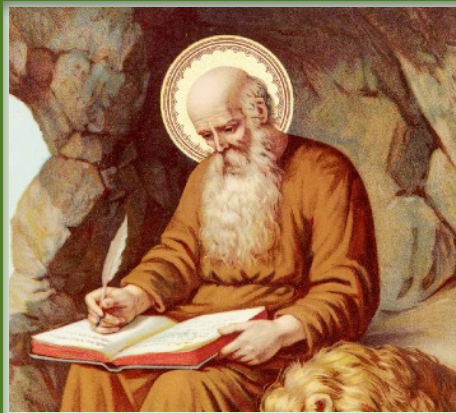


Archangels  
Gabriel, Michael & Raphael

Touch Saint's image to read about them

# SAINTS OF

SEPTEMBER 30



St. Jerome

# THIS WEEK

Touch Saint's image to read about them

OCTOBER 1



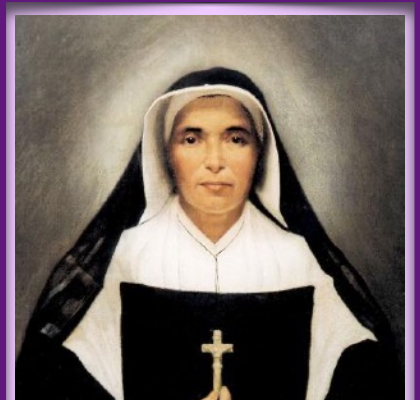
St. Therese of Lisieux

OCTOBER 2



Guardian Angels

OCTOBER 3



St. Theodore of Guerin

# How to honor the ROSARY in October

## A Bible verse to memorize this month:

Mary said, "Behold, I am the handmaid of the Lord. May it be done to me according to your word." Luke 1:38

Like Mary, let us be **"Doers of the word and not just listeners"**

## Faith

*Pray the Rosary every day as a family.*

As an act of *Faith*, make the Rosary prayer a family tradition. Some days it will be hard to say an entire rosary properly, especially with younger children. Adults may also struggle to remain still and meditate on the mysteries without distractions. But God sees our effort - what's important is to develop a system that works for your family.

## Hope

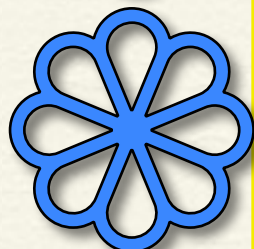
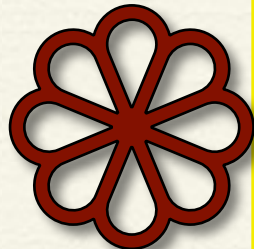
*Learn about God's infinite mercy.*

This month make it a family habit to pray the rosary every day as an act of *Hope*, especially in times of crisis and need. Each family member can write down 4-5 intentions and keep it on the altar, and pray the Rosary specifically for those intentions. When your intentions are fulfilled, share it with your family and friends.

## Charity

*Help the Church to grow within your own community.*

As an act of *Charity* this month, take part in the [OLPH Church daily Rosary on YouTube](#) with the community, especially during this pandemic when social distancing is the norm, and we barely see each other.



## Laughter the best medicine

One Sunday morning, the Priest noticed little Peter staring up at the large plaque that hung in the foyer of the church. The seven-year-old had been staring at the plaque for some time, so the Priest walked up, stood beside the boy, and said quietly, "Good morning son."

"Good morning Father" replied the young lad, focused on the plaque.

"Father, what is this?" Little Peter asked.

"Well son, these are all the people who have died in the service," replied the Priest. Soberly, they stood together, staring at the large plaque.

Little Peter's voice barely broke the silence when he asked quietly, "Which one Father, the 8:30 or the 10:30 service?"

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There was a devout Christian lady living next door to an atheist. Every morning the lady comes out onto her front porch and shouts "Praise the Lord!". The atheist yells back, "There is no God".

She does this every morning with the same result. As time goes on the lady runs into financial difficulties and has trouble buying food. She goes out onto the porch and asks God for help with groceries, then says "Praise the Lord".

The next morning she goes out onto the porch and there's the groceries she's asked for, of course she says "Praise the Lord".

The atheist jumps out from behind a bush and says, "Ha, I bought those groceries - there is no God".

The lady looks at him and smiles, she shouts "Praise the Lord --- not only did you provide for me Lord, you made Satan pay for the groceries!"

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### Signs posted outside Churches:

"The best vitamin for a Christian is B1."

"Under same management for over 2000 years"

"Tithe if you love Jesus! Anyone can honk!"

"Beat the Christmas rush, come to church this Sunday!"

"Don't wait for the hearse to take you to church."

"Seven days without prayer makes one weak."

"No Jesus - no peace, Know Jesus - know peace!"

"Prevent truth decay. Brush up on your Bible every day."

"It's hard to stumble when you're down on your knees."

"A clear conscience makes a soft pillow."

"Never give the devil a ride. He will always want to drive."

"Can't sleep? Try counting your blessings."

"Forbidden fruit creates many jams."

"To belittle is to be little."

"God answers kneemail!"

# GET TO KNOW AN OLPH FAMILY

Augustine and Gladis are from Ernakulam district, Kerala. They moved from Muvattupuzha, Kerala to Silver Spring, Maryland in 1991. Later on, in 1997, they moved to Gaithersburg, Maryland which has been home for the past 23 years. Augustine has an MS in Physics. He is currently retired. Gladis is a certified Lead Technician working at the Shady Grove Medical Center. They have a daughter, Digna. Digna has an MSPH degree in Health Education and Health Communication, and currently works as a Senior Communications Associate at Palladian Partners.

Something you love about the OLPH community:

- The OLPH community is like a family. We share so many memories of joining together in prayer and Mass, celebrating feast days, and gathering together for joyous events like Christmas Carols.

Favorite Bible verse:

- Psalm 23, 91 and Isaiah 41:10

Favorite family vacation spot:

- We love going to the beach during the summer. Spending time outside by the ocean is relaxing. It's one thing we really missed in 2020.

Favorite family activity:

- We enjoy gathering together in the late afternoon to drink *chaiya* and eat snacks. We also like to watch a good movie during the weekend.

# Augustine & Gladis Kakkanattu

☆ Digna



Augustine, Gladis and Digna are very active OLPH Church members. Augustine was an OLPH food coordinator for four years in the past. Gladis was one of the first OLPH food coordinators and continues to do so in various capacities. She was also an OLPH choir member in the early years. Currently, she is a Parish Council member, Little Flower Ward representative and a Marian Sangham leader. Digna coordinated youth activities in the church and also served as a regional DYA representative from the OLPH community. Currently, she helps out with youth choir practice, and is an editorial board member of the Church newsletter, OLPH Voice.



# Editorial Board

Rev. Fr. Roy Moolechalil

Tessie Alapatt

Manoj Mathew

Thomas Abraham

Binoy Mathews

Rashmi Roy

Biju Issac

Shellin Jose

Boby Augustine

Pooja Muttath

Dignamartha Kakkanattu

Venassa Jijo

Riya Roy

Rona Roy



## Share your thoughts

E-mail: [newsletter.olph@gmail.com](mailto:newsletter.olph@gmail.com)

Last week's puzzle answers:

1. Our Lady of the Immaculate Conception
2. St. Catherine of Siena
3. St. Ambrose
4. St. Cecilia
5. St. Thomas Aquinas
6. St. Francis of Assisi
7. St. Andrew
8. St. Mary Magdalene
9. St. Blaise
10. St. Sebastian

11. St. Martha
12. St. Matthew
13. St. Thomas More
14. St. Catherine of Bologna
15. St. Peregrine
16. St. Monica
17. St. Gerard Majella
18. St. Michael
19. St. Francis de Sales
20. St. Aloysius Gonzaga
21. St. Gabriel the archangel