

#### **From Our Vicar**

#### Beloved OLPH Families,

On February 2nd we celebrate the Presentation of our Lord in the temple at Jerusalem when Mary and Joseph brought their infant Son to the Temple for consecration. This serves as a subtle reminder of our own sacred journey through baptism, where we, too, become temples of the Holy Spirit.

What adds to the profound significance of this event is the presence of two holy people, well-versed in the teachings of the Old Testament, who encountered the Holy Family in the Temple. Anna, a prophetess devoted to ceaseless prayer and fasting, and Simeon, who recognized that Jesus is the divine Messiah who had returned to dwell in the Temple after a long period of waiting. Simeon's journey, marked by patience and faith, led him to witness the fulfillment of the promise in his old age. As he held and gazed upon God incarnate, he joyfully proclaimed in his canticle, "My own eyes have seen the salvation of Israel," finding peace in the realization of this divine encounter.

His prophesy "And you yourself a sword will pierce" directed towards Mary, the mother of Jesus, foreshadowed the emotional and spiritual pain that Mary would endure throughout her life, particularly during the crucifixion of her Son.

The phrase "she pondered it in her heart" symbolizes a mother's deep connection and understanding of the extraordinary destiny entrusted to her child, portraying Mary as a woman of wisdom and spiritual insight, quietly navigating the mysteries of her role in the divine plan.

#### With Love, Rijoachan



# FIRST FRIDAY ADORATION

# Friday, February 2nd

OLPH Syro Malabar Catholic Church of Greater Washington

# Reflections on the Eucharist

"How many of you say: 9 should like to see His face, His garments, His shoes. Gou do see Him, you touch Him, you eat Him".

#### St. John Chrysostom

# HAPPY BIRTHDAY

### RITA ROY FEBRUARY 2ND

#### WITH LOVE FROM RIJO ACHAN, CCD TEACHERS AND FRIENDS

OLPH Syro Malabar Catholic Church of Greater Washington

# DAILY SCHEDULE

#### Our Lady of Perpetual Help Syro Malabar Catholic Church of Greater Washington

20533 Zion Road, Gaithersburg MD 20882

SATURDAY	January 27, 2024	9:00 AM	ADORATION & CONFESSION	1st Reading: Rom 10:5-13 Good news of salvation for all		
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel: Mk 1:40-45 Jesus heals the leper		
		10:15 AM	OLPH NOVENA			
SUNDAY	January 28, 2024	9:00 AM	ADORATION & CONFESSION	1st Reading: Gen 29:1-14 Jacob beside the well of Laban		
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: 2 Kgs 17: 24-28 The origin of the Samaritans		
			CCD CLASS	3rd Reading: Heb 6:1-12 You have things that belong to salvation		
		11:00 AM	HOLY MASS IN ENGLISH	Gospel: Jn 4:1-26 Jesus is the promised Messiah		
NO MASS ON MONDAY						
TUESDAY	January 30, 2024	6:00 PM	ADORATION & CONFESSION	1st Reading: 1 Thess 1:2-6 Those who gladly accepted the Word		
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Jn 8:37-47 He who is of God hears the Word of God		
WEDNESDAY	January 31, 2024	6:00 PM	ADORATION & CONFESSION	1st Reading: 1 Cor 7:29-35 Serve the Lord with undivided devotion		
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Lk 10:38-42 Mary has chosen the good thing		
THURSDAY	February 1, 2024	6:00 PM	ADORATION & CONFESSION	1st Reading: Gal 3:15-20 Jesus is the fulfillment of promise		
THUR		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Jn 11:17-27 Messiah, the Son of God, the one coming into the world		
FRIDAY	February 2, 2024	6:30 PM	FIRST FRIDAY HOLY MASS IN MALAYALAM & ADORATION	1st Reading: Rom 9:30-10:4 Christ, the fulfillment of the law		
				Gospel: Lk 2:22-38 Presentation of Jesus in the Temple		
SATURDAY	February 3, 2024	9:00 AM	ADORATION & ROSARY	1st Reading: Eph 4:25-32 Forgive each other		
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel: Mt 6:5-15 Forgive your brother		
		10:15 AM	OLPH NOVENA			
SUNDAY	February 4, 2024	9:00 AM	ADORATION & ROSARY	1st Reading: Lev 4:13-21 Forgiveness through sacrifice		
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: Dan 9:1-9 Forgiveness belongs to God		
			CCD CLASS	3rd Reading: Col 1:12-19 Salvation and forgiveness through the son		
		11:00 AM	HOLY MASS IN ENGLISH	Gospel: Mk 2:1-12 Christ, the Son of Man has authority to forgive sins		

## Monthly Ward Meeting Schedule

1st Friday of the month	Little Flower Ward
2nd Friday of the month	Holy Family Ward
3rd Friday of the month	Infant Jesus Ward
4th Friday of the month	St. Mary's Ward

#### **Reminders:**

- Ward meetings will start at 8pm
- Rosary, prayer, readings (Malayalam and English)
- Request for children's involvement (ex. talk about a saint)



<b>12</b> F E B	ASH MONDAY
17 FEB	DEI VERBAM SEMIFINALS
<b>22</b> M A R	3-DAY LENTEN RETREAT BEGINS
28 M A R	HOLY THURSDAY
<b>29</b> M A R	GOOD FRIDAY
<b>31</b> M A R	EASTER SUNDAY

### Editorial Board

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#### **Mailing Address:**

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