



OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC MISSION OF GREATER WASHINGTON



From the Pastor's Desk

Beloved OLPH family members,

We are approaching the **Holy Week**, and just as we intensify our preparation for any big event in our life, let us intensify our preparation for the forthcoming Holy days. Let us persevere in our prayer, abstinence and above all, works of Charity. Remember, it is during the last moments of Jesus' fasting in the desert, that the Devil came to tempt Him, and therefore it will not be surprising if temptations flood our minds during these last few weeks of Lent. But, just as Jesus used the Word of God to ruin the devil's schemes, let us also read the Word of God daily, to strengthen us, and to help us overcome the temptations that trouble us each day.

May our dear Mother Mary, St. Joseph and all the angels and Saints pray for us and help us during our times of weaknesses.

With love,
Royachan

Rev. Fr. Roy Moolachalil
OLPH Mission Director

HOLY WEEK SERVICES

Palm Sunday (March 28, 2021)

9:30 AM - Holy Mass

Celebrated by Bishop Mar Joy Alappat

Holy Thursday (April 1, 2021)

7:00 PM - Holy Mass

Good Friday (April 2, 2021)

6:00 PM - Sacrament of Reconciliation

7:00 PM - Way of the Cross and Good Friday service

Easter Vigil (Saturday, April 3, 2021)

7:00 PM - Easter Vigil Service

No Holy Mass on Easter Sunday April 4, 2021



YOUTH RETREAT

FOR HIGH SCHOOL STUDENTS AND UP

DYA LENTEN RETREAT

with Dr. Mark Nimo



March 19-21

5:30 PST | 7:30 CST | 8:30 EST

High School and up welcome to join

Please register here for the zoom link:

www.bit.ly/3qoiVEW

Link is also in our Insta bio @syromalabarusa



DIOCESAN YOUTH APOSTOLATE
ST. THOMAS SYROMALABAR DIOCESE OF CHICAGO

**CLICK HERE TO REGISTER FOR THE
ZOOM LINK**

**19-21
MARCH**

**8:30 PM
EST**

**RETREAT
STARTS
TODAY**

PRESENTED BY DIOCESAN YOUTH APOSTOLATE
ST. THOMAS SYRO MALABAR CATHOLIC DIOCESE OF CHICAGO

LENTEN RETREAT

ORGANIZED BY ST. THOMAS SYRO MALABAR CATHOLIC DIOCESE OF CHICAGO

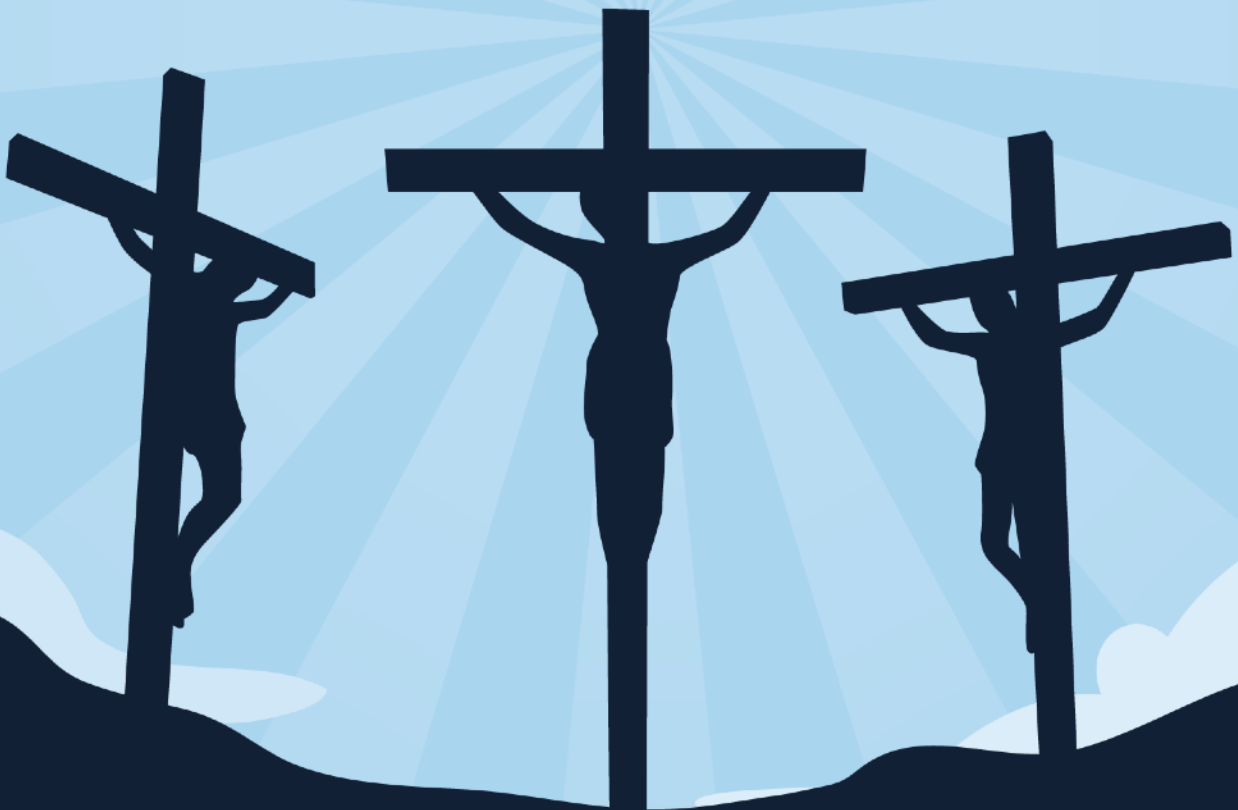
LED BY HIS REV. FR. ROY PALATTY CMI

MARCH 26 - 28

7-10 PM EST

You Tube Link

**[https://youtube.com/c/
SyroVisionNetwork](https://youtube.com/c/SyroVisionNetwork)**



Holy Mass & Services

FOR LIVE STREAMING OF DAILY MASS CLICK HERE

SUNDAY MASS is also open to the public at

Mother of God Community Gym

20501 Goshen Rd, Gaithersburg, MD 20879.



DAY	TIME	WORSHIP SERVICE	READINGS
Saturday, March 20, 2021	6:25 PM	Way of the Cross in Malayalam	Reading 1: Cor 13:1-13 Love is great of all Gospel: Mk 10:1-12 What God has joined together, let no one separate
	7:00 PM	Holy Mass in Malayalam	
	7:45 PM	OLPH Novena	
Sunday, March 21, 2021	8:55 AM	Way of the Cross in Malayalam	Reading 1: Gen 19:15-26 God saves Lot from Sodom Reading 2: Josh 21:43-22:5 The Lord gave all the land to Israel. Reading 3: Rom 14:13-23 Do not be a scandal to your brother Gospel: Jn 10:11-18 Shepherd lays down his life for the sheep
	9:30 AM	Holy Mass in Malayalam	
Monday - Friday	6:25 PM	Way of the Cross in Malayalam	Click here to see readings
	7:00 PM	Holy Mass in Malayalam	

Weekday Mass Readings

DATE	DAILY MASS READINGS
MONDAY, MARCH 22, 2021	Reading 1: 1 Thess 3:6-13 Foster faith and unity. Gospel: Jn 12:44-50 Those who believe do not dwell in darkness.
TUESDAY, MARCH 23, 2021	Reading 1: 2 Pet 2:4-10 Warning to those who live without God's fear. Gospel: Lk 13:31-35 Lamentation over Jerusalem.
WEDNESDAY, MARCH 24, 2021	Reading 1: 1 Jn 2:7-11 Those who hate the brother dwells in darkness. Gospel: Mt 18:15-20 Correct each other.
THURSDAY, MARCH 25, 2021	Reading 1: Heb 1:1-13 God has spoken through His Son. Gospel: Lk 1:26-38 The birth of Jesus foretold
FRIDAY, MARCH 26, 2021	Reading 1: Rom 15:7-13 Exhortation to the unity. Gospel: Jn 11:38-45 Lord raises Lazarus to life

LENTEN

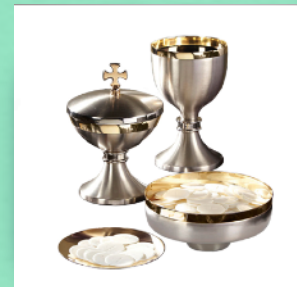
Sacrifices

Let us make our Lenten sacrifices meaningful this year!

Fill your **PIGGY BANK** with money that you save from your Lenten Sacrifices. The money collected will be used for purchasing offerings of **BREAD, WINE, FLOWERS & CANDLES** at the **FIRST HOLY MASS** offered at our new Church.

Willingly I will sacrifice to You; I will praise Your name, Lord, for it is good, (Psalm 54:6)

START
HERE

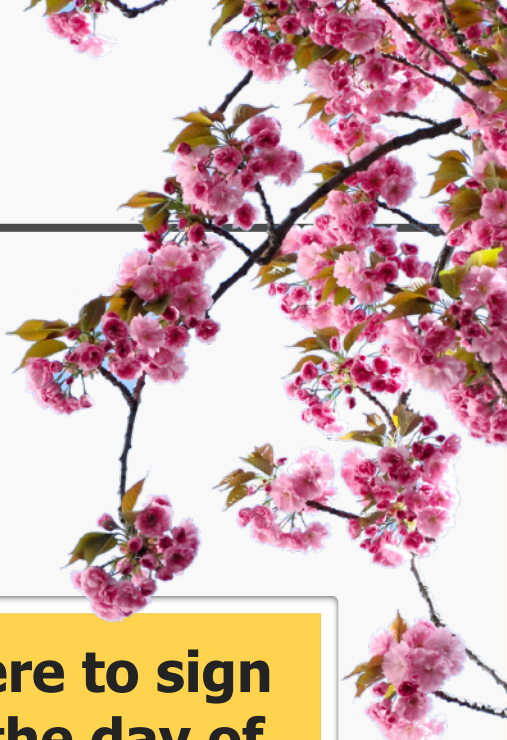


**FIRST HOLY MASS
OFFERINGS AT THE
NEW CHURCH**

March 22-26

Prayer & fasting for success of the Church construction

Day	Family
Monday	Jeffy and Anila
Tuesday	Augustine and Gladis
Wednesday	Roby and Selin
Thursday	Mathew and Beena
Friday	James and Alphonsa



Click here to sign up for the day of Fasting & Prayer

The following are suggestions for each family on their the day of prayer and fasting for the success of our Church construction:

- Participate in Holy Mass (or Online Mass)
- Fast at least one full meal if possible
- Pray the Rosary (if possible full Rosary - Glorious, Joyful, Sorrowful and Luminous)
- 1 Divine Mercy chaplet
- Pray the "Apostles' Creed" 33 times
- Pray the "Flying Novena" (Memorare) 9 times
- Confession whenever possible





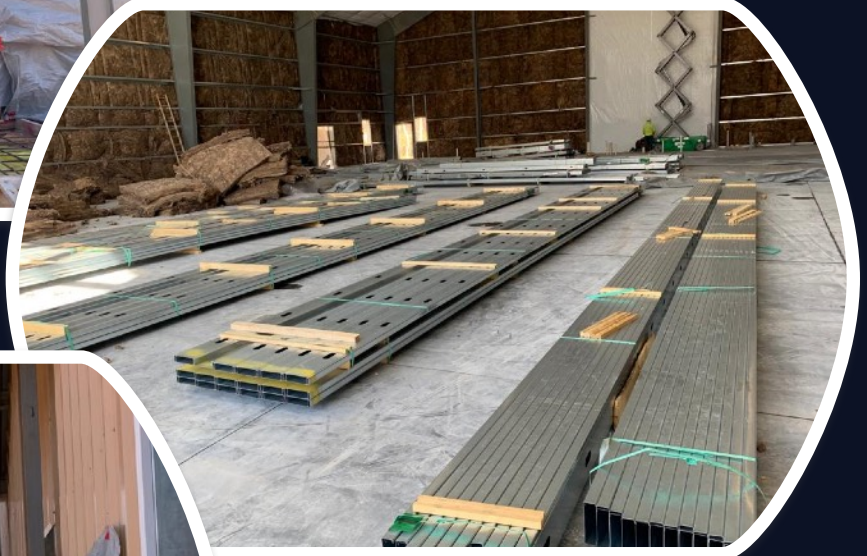
Artist's Corner



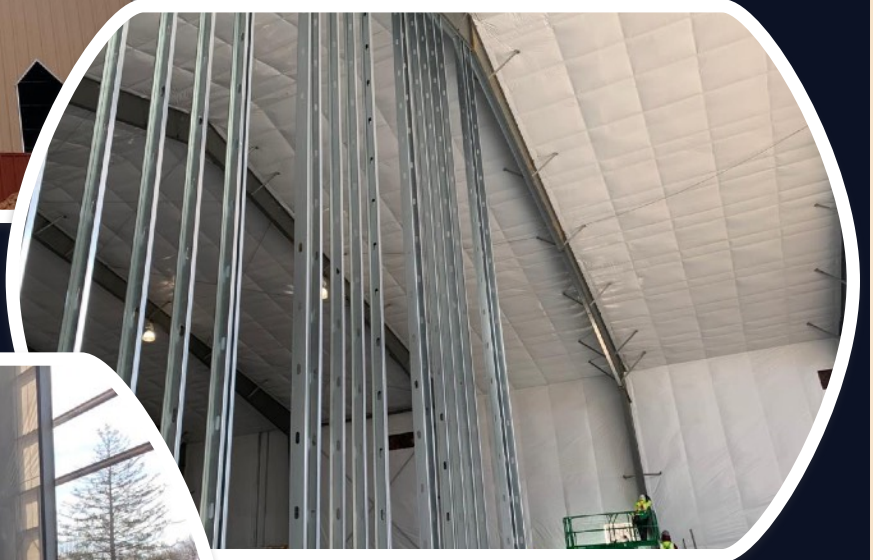
ARTIST:
**BRIGET
THOMAS**



CHURCH CONSTRUCTION UPDATES



CHURCH CONSTRUCTION UPDATES



GET TO KNOW AN OLPH FAMILY

Sanju is from Kochi, Kerala. He moved to the US in 2008 to pursue a Masters in Electrical Engineering at the State University of New York, Buffalo. He is currently working as a Software Engineer at Microsoft. Geethika is from Kottayam, Kerala, and moved to the US in 2014. She is currently working as an Applications Engineer at Audacious Inquiry. They have a baby daughter, Carmel Chrissa.

Something you love about the OLPH community:

- ★ OLPH Church has been a blessing for us. The willingness to help each other is what we love most about OLPH community.

Favorite Bible verse or phrase:

- ★ "Your kingdom come your will be done on earth as it is in heaven", Mathew 6:10

Favorite family vacation spot:

- ★ Kochi and Barcelona.

Favorite family activity:

- ★ Outdoor time with Carmel, watching movies together.

Joseph Sanju & Geethika Muzhagumthara

---★ Carmel Chrissa



Sanju and Geethika are very active OLPH Church members. Geethika is a member of the Marian Sangham.

Editorial Board

Rev. Fr. Roy Moolachalil

Tessie Alapatt

Manoj Mathew

Thomas Abraham

Binoy Mathews

Rashmi Roy

Biju Issac

Shellin Jose

Boby Augustine

Justin Jose

Dignamartha Kakkanattu

Venassa Jijo

Riya Roy

Rona Roy

**[CLICK HERE TO SUBSCRIBE TO
OLPH VOICE MAILING LIST](#)**

Mailing Address:

Rev. Fr. Roy Moolachalil
2900 Olney Sandy Spring Road
Olney, MD 20832

Church Building Site (under construction):

20533 Zion Road
Gaithersburg, MD 20882

E-mail: newsletter.olph@gmail.com

[Click here to see past issues of OLPH Voice](#)