



# OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC MISSION OF GREATER WASHINGTON



## FROM THE PASTOR'S DESK

Beloved OLPH family members,

The **Litany of Loreto** (Litany of Blessed Virgin Mary) takes its name from the Marian shrine of Loreto in Italy, where it is believed to have been used as far back as 1531. It was officially approved in 1587 by Pope Sixtus V.

Through the centuries at least 7 new invocations to Mary were added. In recent times, St. Pope John Paul II added "Mother of the Church" in 1980, and "Queen of Families" in 1995.

Pope Francis has now approved the inclusion of three additional invocations in the Litany of the Blessed Virgin Mary, also called the Litany of Loreto. Pope Francis welcomed the people's desire to include these invocations in the litany.

In a letter to the presidents of Bishops' conferences, Cardinal Robert Sarah, prefect of the Congregation for the Divine Liturgy and the Discipline of the Sacraments, said the invocations "Mater misericordiae", "Mater spei," and "Solacium migrantium" should be inserted in the Marian litany.

"Mater misericordiae", which translates to **Mother of Mercy** should follow "Mother of the Church".

"Mater spei", which means **Mother of Hope**, has been placed after "Mother of Divine Grace".

"Solacium migrantium", which means **Solace of Migrants** will follow "Refuge of Sinners"

"With every good wish and kind regard, we wish to entrust this notification to you for your information and application," Sarah wrote to the bishops' conferences. The letter is dated June 20, which is the feast of the Immaculate Heart of Mary.

From now onwards, we will pray the Litany of Loreto with the three new invocations to Mother Mary as seen on page 4 of this Newsletter.

With love,  
Royachan

**Rev. Fr. Roy Moolechalil**  
**Mission Director**



# HOLY MASS & SERVICES

**TOUCH THIS BOX to connect to OLPH YouTube channel**  
**Holy Mass & Services are streamed LIVE every day**

## SATURDAY 7/4/2020

09:30 AM Adoration & Rosary

10:00 AM Holy Mass in Malayalam

10:45 AM OLPH Novena

**Link for Readings: [Romans 7:7-13](#); [Mk 12:38-44](#)**

## SUNDAY 7/5/2020

09:30 AM Adoration & Rosary

10:00 AM Holy Mass in Malayalam

**Link for Sunday Readings:**  
**[Isaiah 2:1-5](#); [1Cor 10:23-31](#); [Lk 12:57-13:5](#)**

## MONDAY - FRIDAY

06:30 PM Adoration & Rosary

07:00 PM Holy Mass in Malayalam





# WEEKLY SCHEDULE



## DAILY Rosary leaders

**Sunday, July 5**

Tessie Alapatt Family

**Monday, July 6**

Boby & Sany Family

**Tuesday, July 7**

Jithu & Shellin Family

**Wednesday, July 8**

Tenny & Annu Family

**Thursday, July 9**

Jenson & Linta Family

**Friday, July 10**

Justin & Asha Family

**Saturday, July 11**

Jeril & Jemi Family



## DAILY Bible Reading

(click on link to read online)

**Sunday, July 5**

[Psalms 46-50](#)

**Monday, July 6**

[Psalms 51-57](#)

**Tuesday, July 7**

[Psalms 58-65](#)

**Wednesday, July 8**

[Psalms 66-69](#)

**Thursday, July 9**

[Psalms 70-73](#)

**Friday, July 10**

[Psalms 74-77](#)

**Saturday, July 11**

[Psalms 78-79](#)



# Litany of Loreto (updated on June 2020)

Lord, have mercy.  
Christ have mercy.  
Lord have mercy.  
Christ hear us.  
Christ graciously hear us.

God the Father of heaven, Have mercy on us  
God the Son, Redeemer of the world,  
God the Holy Spirit,  
Holy Trinity, one God,

Holy Mary, Pray for us  
Holy Mother of God,  
Holy Virgin of Virgins,  
Mother of Christ,  
Mother of the Church  
**Mother of Mercy**  
Mother of divine grace,  
**Mother of Hope**  
Mother most pure,  
Mother most chaste,  
Mother inviolate,  
Mother undefiled,  
Mother most amiable,  
Mother most admirable,  
Mother of good Counsel,  
Mother of our Creator,  
Mother of our Savior,  
Virgin most prudent,  
Virgin most venerable,  
Virgin most renowned,  
Virgin most powerful,  
Virgin most merciful,  
Virgin most faithful,  
Mirror of justice,  
Seat of wisdom,  
Cause of our joy,  
Spiritual vessel,  
Vessel of honor,  
Singular vessel of devotion,  
Mystical rose,  
Tower of David,

Tower of ivory,  
House of gold,  
Ark of the covenant,  
Gate of heaven,  
Morning star,  
Health of the sick,  
Refuge of sinners,  
**Solace of Migrants**  
Comforter of the afflicted,  
Help of Christians,  
Queen of Angels,  
Queen of Patriarchs,  
Queen of Prophets,  
Queen of Apostles,  
Queen of Martyrs,  
Queen of Confessors,  
Queen of Virgins,  
Queen of all Saints,  
Queen conceived without original sin,  
Queen assumed into heaven,  
Queen of the most holy Rosary,  
Queen of Families  
Queen of peace,

Pray for us

V. Lamb of God, who takes away the sins of the world,  
R. Spare us, O Lord.

V. Lamb of God, who takes away the sins of the world,  
R. Graciously hear us, O Lord.

V. Lamb of God, who takes away the sins of the world,  
Have mercy on us.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. Grant, we beseech Thee, O Lord God, that we thy servants may enjoy perpetual health of mind and body, and by the glorious intercession of blessed Mary, ever Virgin, may we be freed from present sorrow, and rejoice in eternal happiness. Through Christ our Lord. Amen.



JULY 5



**St. Anthony Zaccaria**

By : Jeslyn Joyal

JULY 6



**St. Maria Goretti**

By : Georgiana Issac

JULY 7



**Bl. Ralph Milner**

By : Maxin Mathew

**Touch Saint's image  
to read about them**

**SAINTS OF**

JULY 8



**St. Killian**

By : Jaiden Puthenkalam

**THIS WEEK**

**Touch Saint's image  
to read about them**

JULY 9



**St. Veronica Giuliani**

By : Alisha Justin

JULY 10



**Bl. Emmanuel Ruiz**

By : John Mannikoikal

JULY 11



**St. Benedict**

By : Elizabeth Issac



*Congratulations & God Bless*

**Fr. Sunil Paul Chiriyankandath and all  
Parish members  
on the blessing of their new Church**



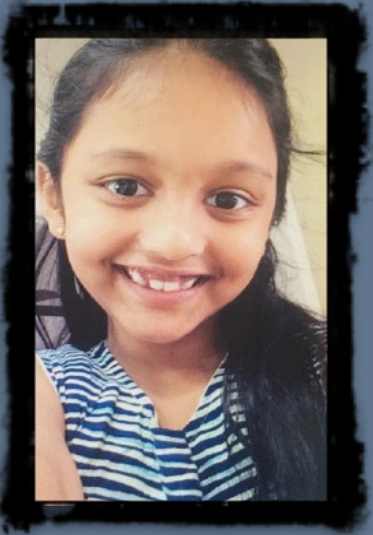
**St. Alphonsa Syro Malabar  
Catholic Church of Virginia  
(Richmond)**

**on Saturday, July 11, 2020**

**Best wishes & Prayers: Our Lady of Perpetual Help  
Syro Malabar Mission of Greater Washington**



# Artist's Corner



**Artist: Ashlyn Thomas**  
**2nd Grade**





# SITE UPDATES



**Meeting with the Architect  
and General Contractor**



# 20<sup>th</sup> Death Anniversary

*In Loving Memory*



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***Shaju Palliparambil***

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*6/23/1958 - 07/05/2000*

Wife: Mini Palliparambil

Daughter: Sneha Palliparambil

Brothers: Francis Palliparambil (Laurel, MD)

: Antony Palliparambil (Bowie, MD)

: Pious Palliparambil (Bowie, MD)

**Memorial Mass will be on  
Monday, July 6, 2020 at 7 PM  
Touch this box to view live  
streaming through OLPH  
YouTube channel**



# Crossword Theme: The Sermon on the Mount (Mt. 5-7)

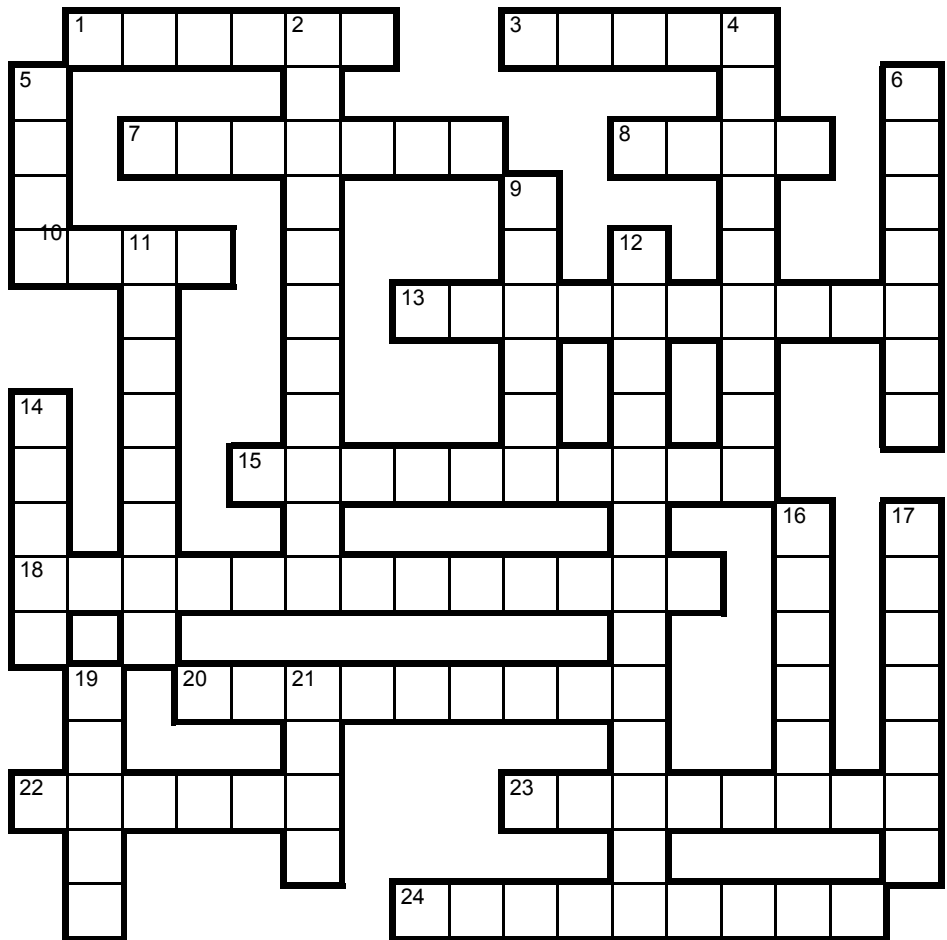
**Solve the crossword directly on this page by typing a letter into each box**

## Across

- 1 Not to be put under a bushel. (6)
- 3 Let yours shine before men! (5)
- 7 Moth and rust will do this to your earthly store. (7)
- 8 If you do this, you will find. (4)
- 10 These should not be done in view of men. (4)
- 13 The eight sayings by Christ at the beginning of his sermon. (10)
- 15 They sound trumpets in the streets when they are being charitable. (10)
- 18 The peacemakers will be called this. (8,2,3)
- 20 They were with Jesus when he gave the sermon. (9)
- 22 You can't serve God and this. (6)
- 23 Fellow believers. (8)
- 24 The earth is this to God. (9)

## Down

- 2 Jesus gave this as example of how to communicate with God. (5,6)



4 Don't lay these upon the earth. (9)

5 Whoever says this to his brother shall be in danger of the council. (4)

6 Those who are given happiness and good fortune. (7)

9 When engaging in this, you should enter into your closet and shut the door. (6)

11 Where the sermon was given. (8)

12 You should search for this first, before worrying about food and clothing. (13)

14 What you should do to your eye if it offends. (5)

16 They which do this shall be filled. (6)

17 The hypocrites disfigured their faces while doing this. (7)

19 If you are forced to go a mile with someone, this is how far you should go. (5)

21 The foolish man built his house on this. (4)

Answers will be published in next week's issue



## GET TO KNOW AN OLPH FAMILY

# Abraham & Priya Thekkanattu

Abraham is from Kanjikuzhi Kottayam. Priya is from Karaphuzha Kottayam. They have three children, Joseph (4 years old), Jacob (3 years old) and Shoshanna (1.5 years old).

Abraham moved to Maryland in 2004 from Kerala. Priya moved to Maryland from England in 2014 following their wedding.

Abraham is a Physician Assistant at the Department of Defense. Priya works as Charge Nurse at Fresenius Kidney Care.

Something you love about the OLPH community:  
The love of the Lord shared in our church

Favorite Bible verse or phrase:

- After I looked things over, I stood up and said to the nobles, the officials and the rest of the people, "Don't be afraid of them. Remember the Lord, who is great and awesome, and fight for your families, your sons and your daughters, your wives and your homes. (Nehemiah 4:14).

Favorite family vacation spot:

- We enjoy beach holidays.

Favorite family activity:

- As a family, we love to cook together and play board games.

★ Joseph

★ Jacob

★ Shoshanna



Abraham, Priya and family are active members of OLPH Church and participate in Holy Family Ward activities. Their children attend CCD Pre-K class.



# Editorial Board

Rev. Fr. Roy Moolechalil

Tessie Alapatt

Manoj Mathew

Thomas Abraham

Bino Mathews

Rashmi Roy

Biju Issac

Shellin Jose

Boby Augustine

Pooja Muttath

Dignamartha Kakkanattu

Venassa Jijo

Riya Roy

Rona Roy



## Share your thoughts

Do you...

...have a flair for writing articles or poetry?

...want to show us your talent in art or photography?

...have an announcement?

...have ideas on how to improve our newsletter?

...want to publish a testimony, prayer, joke, puzzle, recipe, celebration pictures.

E-mail: [newsletter.olph@gmail.com](mailto:newsletter.olph@gmail.com)