



OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC MISSION OF GREATER WASHINGTON



FROM THE PASTOR'S DESK

Beloved OLPH family members,

The month of July is dedicated to the **Precious Blood of Jesus**. The feast of the Precious Blood of our Lord was instituted in 1849 by Pius IX, but the devotion is as old as Christianity. The early Fathers say that the Church was born from the pierced side of Christ, and that the sacraments were brought forth through His Blood.

This brings back memories of my visit to Lanciano, Italy on August 5, 2016, where a Eucharistic miracle is believed to have taken place many centuries ago.

The Miracle of Lanciano dates back to the eighth century when a monk who had doubts about the Real presence of Jesus Christ in the Eucharist, found when he said the words of consecration at Mass, that the bread and wine changed into flesh and blood. It has been certified by the Catholic Church as a Eucharistic miracle.

This photo, that I took during my visit, shows the miraculous relics of the Precious Body and Blood of Jesus, which, remains undecomposed to this day, without the addition of any external preservative.

With love,

Royachan

Rev. Fr. Roy Moolechalil

OLPH Mission Director



**Relics of the Precious Body & Blood of Jesus, Lanciano, Italy
taken on August 5, 2016**

HOLY MASS & SERVICES

TOUCH HERE to connect to OLPH YouTube channel.
Holy Mass & Services are streamed LIVE every day.

SATURDAY 7/11/2020

09:30 AM Adoration & Rosary

10:00 AM Holy Mass in Malayalam

10:45 AM OLPH Novena

Link for Saturday Readings: [2 Cor 11: 1-6](#); [Jn 7: 14-24](#)

SUNDAY 7/12/2020

09:30 AM Adoration & Rosary

10:00 AM Holy Mass in Malayalam

Link for Sunday Readings:

[Is 5:8-20](#); [1 Cor 16:1-14](#); [Lk 13:22-30](#)

MONDAY - FRIDAY

06:30 PM Adoration & Rosary

07:00 PM Holy Mass in Malayalam



WEEKLY SCHEDULE



DAILY Rosary leaders

Sunday, July 12

Babu & Jasmine Family

Monday, July 13

Rani Kariyil Family

Tuesday, July 14

Bijesh & Ashy Family

Wednesday, July 15

Thomas & Briget Family

Thursday, July 16

Augustine & Gladis Family

Friday, July 17

Noble & Annie Family

Saturday, July 18

Shaji & Nisha Family

DAILY Bible Reading

(click on link to read online)

Sunday, July 12

[**Psalms 80-85**](#)

Monday, July 13

[**Psalms 86-89**](#)

Tuesday, July 14

[**Psalms 90-95**](#)

Wednesday, July 15

[**Psalms 96-102**](#)

Thursday, July 16

[**Psalms 103-105**](#)

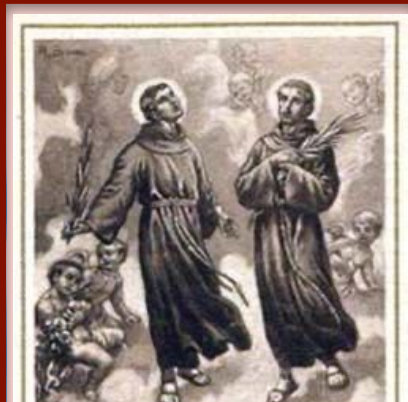
Friday, July 17

[**Psalms 106-107**](#)

Saturday, July 18

[**Psalms 108-114**](#)

JULY 12



Sts. John Jones & John Wall

By : Jonathan Alapatt

JULY 13



St. Henry

By : Venassa Jijo

JULY 14



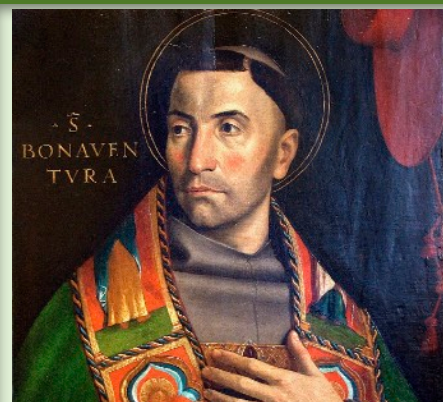
St. Kateri Tekakwitha

By : Jeffrey Joyal

**Touch Saint's image
to read about them**

SAINTS OF

JULY 15



St. Bonaventure

By : Isabelle Thomas

THIS WEEK

**Touch Saint's image
to read about them**

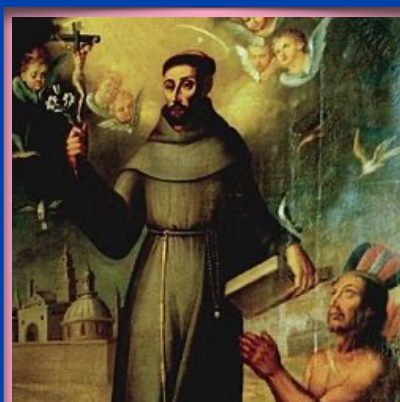
JULY 16



Our Lady of Mt. Carmel

By : Pearl Joby

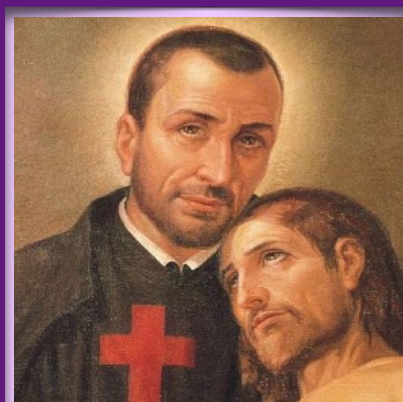
JULY 17



St. Francis Solano

By : Rona Roy

JULY 18

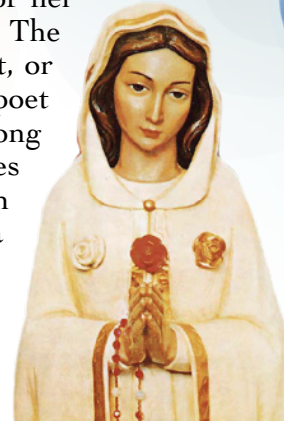


St. Camillus de Lellis

By : Nikhil Justin

Our Lady of Rosa Mystica (Feast Day July 13)

Blessed Mother Mary goes by many names, one such name is Rosa Mystica or Mystical Rose, the Litany of Loreto lists many of her titles, but there is a flower amongst them; the Mystical Rose. The name refers to Mary as Mother of the Mystical Body of Christ, or the Mother of the Church. In the fifth century a Christian poet known as Coelius Sedulius referred to Mary as a “rose among thorns”. Roses have long been connected with Mary with roses representing Mary as the Queen of Heaven. The title has been associated with a form of devotion promoted in Italy by Pierina Gilli who experienced Marian apparitions in Montichiari and neighboring Fontanelle, Italy, in 1947 and 1966. Pierina intuited and promoted a devotion to Mary after seeing Mary with three roses, white the color of her purity, gold the tint of her royalty and red the hue of her suffering. Our Lady requested that the 13th of every month be celebrated as a Marian Day and that the 13th of July be observed in Honor of her, the Rosa Mystica.



Our Lady of Mount Carmel (Feast day July 16)

The title of Our Lady of Mount Carmel is given to the Blessed Virgin Mary in her role as patroness of the Carmelite Order, whose origins can trace back to Elijah and his hermitic disciples. The Carmelites consider the Blessed Mary to be the perfect model of the interior life of prayer and contemplation to which Carmelites



aspire, as well as a model of virtue and as a Spiritual Mother. Since the Middle Ages, Our Lady of Mount Carmel has been related to purgatory and purgation from sins after death. In some images, she is portrayed as accompanied with angels and persons wearing Brown Scapulars, who plead for her mediation. Holy Mary is said to have appeared to Saint Simon Stock to whom she gave the Brown Scapular. There is a small sanctuary at Acquafronda, Italy, where the Our Lady of Mount Carmel reportedly

appeared on July 16, 1841. The Garabandal apparitions in Spain (1961–65) were reported to be images of the Blessed Virgin Mary of Mount Carmel. Blessed Mary has also done miracles as in Palmi, Italy there was an earthquake in the epicenter of its city where there was a procession for Our Lady of Mount Carmel which the townspeople attended, during that time the earthquake happened destroying many buildings. But only 9 of the 15,000 inhabitants died due to people being outside attending the procession. On November 16, 1896, the statue of the Virgin was crowned, based on the decree issued September 22, 1895, by the Vatican Chapter. The liturgical feast of Our Lady of Mount Carmel is celebrated on 16 July.

~ By Atul Thomas
11th Grade



Memories of childhood through College years

My earliest memories of the church are singing in the children's choir and attending Sunday School. Back then, there seemed to be fewer kids in the community, whereas now there seems to be an army of little ones running around after mass. Eventually, puberty decided enough was enough, my voice began dropping, and in order to spare everyone from hearing voice cracks over the loud-speakers, I decided to step away from the church kids' choir.



Philip Ipe
UMD College Graduate
(Class of 2020)

Outside of High School, I was heavily involved in Kerala Association activities, holding positions in the Youth Club, choreography as well as participating in dances. My involvement in the association helped me develop a deeper connection with my cultural roots and form a friend group that still remains close to this day. For this reason, no matter how much kids complain about going to dance and singing practices, I will encourage them to continue so they can foster similar relationships like the ones that I was able to develop during my young adulthood.

Before attending college at the University of Maryland, I went to Thomas S. Wootton High School in Rockville, Maryland. During my time at Wootton, I was involved in a number of extracurricular activities, including Student Government, National Honors Society, as well as our school's leadership organization. I was fortunate to have taken advantage of Computer Science classes that Wootton offered at the time, which later led me to choose Computer Science as my major in college.

Once I began college, I focused my attention on my classes and internships that I held during my summer and winter breaks. In Sophomore year, I decided to pick up a second major in Economics after enjoying an introductory course I had taken to diversify my educational background, as well as to experience the non-STEM portion of academics at UMD. During my first few breaks from school, I did an internship at the Johns Hopkins University, Applied Physics Laboratory as a software and data engineering intern.

After what seemed like eons of practicing Leetcode and preparing for interviews, I was given the opportunity to intern at Amazon Web Services (AWS) in Denver, Colorado. There, I worked for the AWS Groundstation team during the summer following my junior year in college. AWS Groundstation had only launched a week prior to my joining of the team, so working in Denver in an almost startup-esque setting was a fun and lively experience, with the comfort of being surrounded by experienced and established teams within Amazon.

I have accepted a full-time role at AWS starting in August of this year, and am excited to see what the future holds! Thanks be to God for all of the blessings and opportunities he has given me so far, and thank you to my family for being so supportive and helping me throughout my journey!

Welcome to the Garden of Gladis

Gladis Kakkanattu (OLPH community) grew up in a family of plant-lovers. Her father loved to garden, and likewise, Gladis as well as her siblings were all born with a green thumb. Gladis loves gardening, and moving to the USA did not deter her from this passion. Despite the harsh winters and the lack of fertile soil, Gladis' backyard is a lush green flora of all kinds of vegetables.

To overcome challenges of the weather and soil, every year in March or April, she grows little saplings in small pots indoors, which are then transferred to her backyard garden during late May or early June, either into larger pots, or directly into the ground. The soil she uses is a mixture of peat moss, potting soil, bone meal, and manure purchased from the store, which is first thoroughly mixed by her husband, Augustine, to prepare the soil for the saplings. Additionally, she uses home-made compost from food waste.

Gladis says that plants are like little children and should be watered and nurtured every single day. Even a single day of neglect may yield a poor harvest or even worse, the plants may wilt and die.

Gladis does not stop at just gardening – she shares her joy and love of gardening with family and friends, including folks in the OLPH community by sharing with them her plants or the harvested vegetables.

May God bless Gladis and her lovely garden with a bountiful harvest this year!



Different varieties of beans



Bitter gourd



Yam (Chembu)



Ridge gourd



Tomato



Eggplant



Muringa



Plantain



Okra

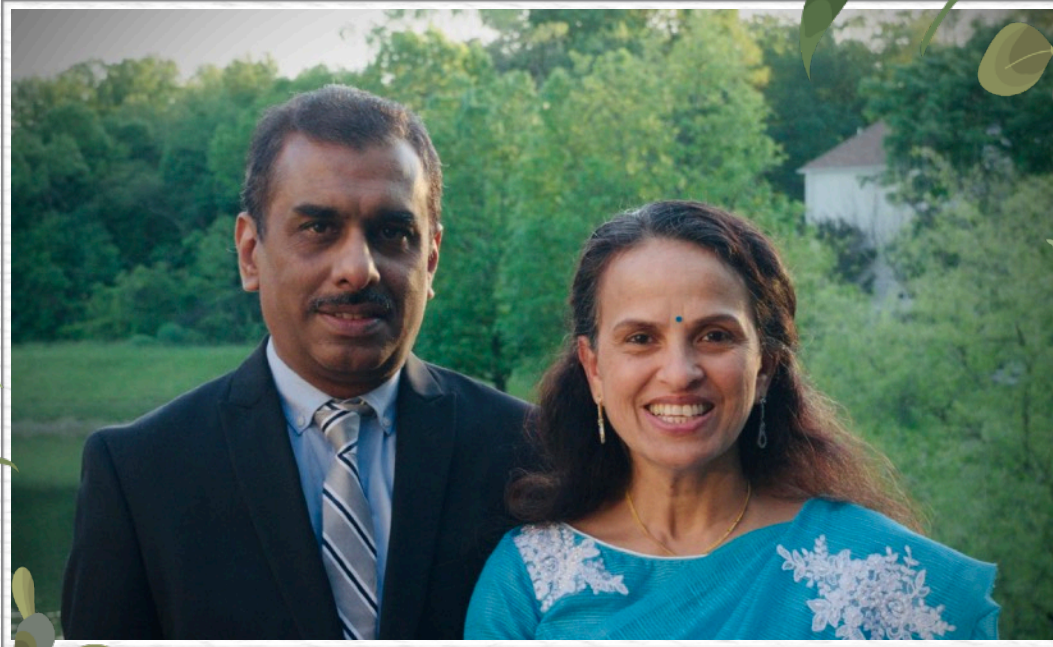


Kandaari mulagu



Curry leaf

Red spinach



25th Wedding Anniversary

Viju and Reena

July 16, 2020

Congratulations & God Bless

SITE UPDATES



GET TO KNOW AN OLPH FAMILY

Babu is from Pulikurumba, Kannur and Moly is from Kanjirappally, Kottayam. Babu first came to the U.S. in 1985 and decided to move the family permanently to the U.S. in 1998, from Trivandrum. In 2000, they moved to Maryland from Gainesville, FL.

Babu is a graduate of the Film and Television Institute of India (FTII) Pune and began his career in India as a cinematographer. He is a photojournalist who covers U.S. and international news with media networks such as Fox News and the Associated Press. Most recently, in 2018, he produced and directed the award-winning documentary film 'Like I'm Flying.' Moly began her career at the Regional Cancer Centre in Trivandrum as an Assistant Professor after receiving her Ph.D in cancer research. She is currently a Senior Scientist at the National Cancer Institute, NIH in Bethesda, MD. Their daughter, Anna, currently serves as Attorney Advisor to a Commissioner of the Federal Trade Commission. She was formerly a litigator at the law firm Dechert LLP in Washington, D.C. Their son, Joseph, recently graduated from the University of Maryland School of Medicine. This summer he began his surgery residency at the Walter Reed Medical Center in Bethesda.

Favorite Bible verse or phrase:

- You shall love your neighbor as yourself (Mathew 22:39)

Favorite family vacation spot:

- Europe during Christmas time

Favorite family activity:

- Traveling together

Babu & Moly Aryankalayil

---☆ Anna

---☆ Joseph



The family helped organize the first major fundraising for OLPH, a Bharatanatyam dance program called "In The Beginning." Their daughter Anna performed in this production.

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Venassa Jijo

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Rona Roy



Share your thoughts

E-mail: newsletter.olph@gmail.com

Answers for Crossword Puzzle (Issue 5)

Across: 1 Candle, 3 Light, 7 Corrupt, 8 Seek, 10 Alms, 13 Beatitudes, 15 Hypocrites, 18 Children of God, 20 Disciples, 22 Mammon, 23 Brethren, 24 Footstool.

Down: 2 Lord's prayer, 4 Treasures, 5 Raca, 6 Blessed, 9 Prayer, 11 Mountain, 12 Righteousness, 14 Pluck, 16 Hunger, 17 Fasting, 19 Twain, 21 Sand.