



# OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC CHURCH OF GREATER WASHINGTON



## From our Vicar

Beloved OLPH family members,

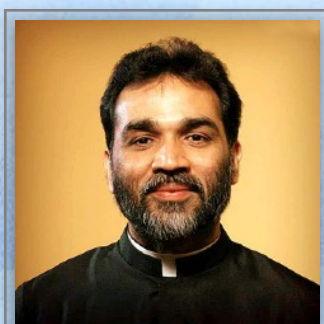
Our **Parish Lenten Retreat** is from **April 1<sup>st</sup> to 3<sup>rd</sup>**. I welcome all of you to join this retreat and bring your family and friends too. Let's make use of these days to grow spiritually during the season of Lent. Let us surrender to the Lord, the countries that are at war. With the pandemic, war and hate, the world is in need of many prayers and penance, and the retreat is a great time to come together as a community to pray for all the intentions.

With love,  
Royachan

# 2022 LENTEN RETREAT



## RETREAT FOR ADULTS IN MALAYALAM LED BY:



**Fr. Roy Palatty CMI**

## RETREAT DAYS

Friday, April 1<sup>st</sup>: 6 - 9 PM  
Saturday April 2<sup>nd</sup>: 9 AM - 5 PM  
Sunday April 3<sup>rd</sup>: 9 AM - 4 PM  
Time zone: EST

## VENUE:

**OLPH Syro Malabar Catholic Church  
of Greater Washington**

20533 Zion Road, Gaithersburg MD 20882

**Lunch will be provided on  
Saturday and Sunday**

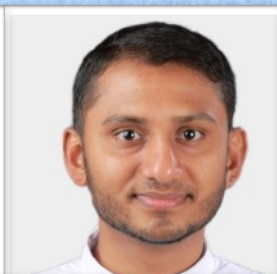
## YOUTH RETREAT IN ENGLISH LED BY:



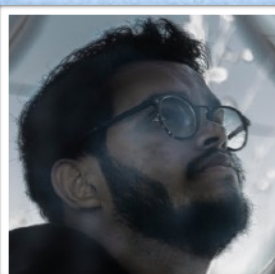
**Sr. Linta**



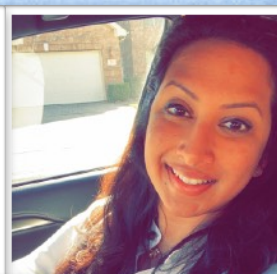
**Sr. Anitta**



**Fr. Joseph Alex**



**Daniel Chakkramakkil**



**Kavitha E. Joseph**



# congratulations



Northwest High School  
TOP 25  
Karen Bobby

**12<sup>th</sup> Grader, Karen Bobby is  
among the Top 25 students  
at Northwest High School!**



**Team members: Bobin Jijo, Atul Thomas,  
Jeffery Joyal and Nikhil Justin**

**Our OLPH team won the  
championship in the 3-on-3  
Half-Court Basketball  
Tournament hosted by  
Knights of Columbus (KOC)  
Our Lady of Fatima Council  
on March 12, 2022.**



# ANNUAL CCD COMPETITION REGISTRATION

## INDIVIDUAL EVENT REGISTRATION

<https://forms.gle/cb77nDzdtiTn2rx29>



Click here or scan  
QR code using  
phone camera



## GROUP EVENT REGISTRATION

<https://forms.gle/GxeheSM5nq34gVsKA>



Click here or scan  
QR code using  
phone camera





# **2022 Steubenville Youth Conference for** **High Schoolers**

This year, our OLPH community will be organizing a trip to attend the 2022 Steubenville Youth Conference. If you are interested in attending this conference, please let Digna know by March 27, 2022. We need to know the number of youth interested in attending in order to plan for the trip and event.

## **What is it?**

A Catholic Conference to bring high-schoolers into a life-changing encounter with Jesus Christ.

## **When is it?**

July 15 to July 17, 2022

## **Where is it?**

Franciscan University of Steubenville  
1235 University Blvd  
Steubenville, Ohio 43952

Adult chaperones will drive the youth to the conference, and the chaperones will attend as group leaders.

## **Who can attend?**

Steubenville Youth Conferences are for high school youth: rising 9<sup>th</sup>-12<sup>th</sup> graders. This includes those who will graduate 12<sup>th</sup> grade in Spring 2022, as well as those who will begin 9<sup>th</sup> grade in Fall 2022.

## **Registration**

The registration cost is \$245 per person, which includes conference events, meals, and on-campus housing. There will be an additional travel cost, which we will inform you of in the upcoming weeks.

# DAILY SCHEDULE

**Our Lady of Perpetual Help Syro Malabar Catholic  
Church of Greater Washington**

20533 Zion Road, Gaithersburg, MD 20882

SATURDAY	March 26, 2022	9:00 AM	WAY OF THE CROSS	1st Reading: Rev 3:14-22 Repent, behold, I knock at the door
		9:30 AM	HOLY MASS IN MALAYALAM	Gospel: Lk 24:44-49 For the forgiveness of sin, repentance will be preached
		10:15 AM	OLPH NOVENA	
SUNDAY	March 27, 2022	9:00 AM	WAY OF THE CROSS	1st Reading: Gen 4:8-16 Cain's repentance
		9:30 AM	HOLY MASS IN MALAYALAM	2nd Reading: 1 Sam 24:1-8 The forgiving love
			CCD CLASS	3rd Reading: 1 Jn 1:5-10 Salvation when sins are confessed
		11:00 AM	HOLY MASS IN ENGLISH	Gospel: Jn 8:1-11 Salvation for sinful woman
NO MASS ON MONDAY AND TUESDAY				
WEDNESDAY	March 30, 2022	6:00 PM	WAY OF THE CROSS	1st Reading: 1 Thes 5:12-18 Community life
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mt 18:15-20 Responsibility to brother
THURSDAY	March 31, 2022	6:00 PM	WAY OF THE CROSS	1st Reading: 1 Cor 13:1-8;13 Love forgives
		6:30 PM	HOLY MASS IN MALAYALAM	Gospel: Mt 18:21-35 Forgive your brother wholeheartedly
FRIDAY	April 1, 2022	6 PM - 9 PM	WAY OF THE CROSS	1st Reading: Heb 9:23-28 The Messiah sacrificed himself to carry away the sins
			HOLY MASS IN MALAYALAM	Gospel: Mt 20:20-28 He came to sacrifice His Life as a ransom
			RETREAT DAY 1	
SATURDAY	April 2, 2022	9 AM - 5 PM	WAY OF THE CROSS	1st Reading: 1 Cor 2:1-8 They would not have crucified the Lord of glory
			HOLY MASS IN MALAYALAM	Gospel: Mt 17:1-9 Transfiguration of Jesus
			RETREAT DAY 2	
SUNDAY	April 3, 2022	9 AM - 4 PM	HOLY MASS IN MALAYALAM	1st Reading: Deut 8:1-10 Suffering, discipline of the Lord
				2nd Reading: 2 Macc 6:18-31 Endurance for the faith
			RETREAT DAY 3	3rd Reading: 1 Pt 4:12-19 Sufferings, the oneness with the Messiah Gospel: Mk 8:31-9:1 Salvific aspect of suffering

# Editorial Board



Rev. Fr. Roy Moolachalil

Tessie Alapatt

Thomas Abraham

Jenson Jose

Suneetha Thomas

Rashmi Roy

Anila Mattathil

Sany Bobby

Boby Augustine

Justin Jose

Sandeep Alapatt

Annie Joseph

Dignamartha Kakkanattu


Venassa Jijo

Riya Roy

Rona Roy

---

## Click on the links below:

- E-mail us ([newsletter.olph@gmail.com](mailto:newsletter.olph@gmail.com))
  - Join the OLPH Voice mailing list.
  - See past issues of OLPH Voice newsletter.
  - Introduce your family in “Get to know an OLPH family”.
- 

### **Mailing Address:**

20533 Zion Road

Gaithersburg, MD 20882