



OLPH VOICE

OUR LADY OF PERPETUAL HELP SYRO MALABAR CATHOLIC MISSION OF GREATER WASHINGTON



FROM THE PASTOR'S DESK

Beloved OLPH family members,

June 27th is the feast of Our Lady of Perpetual Help (OLPH), and our church feast day. The name of OLPH derives from one of the most famous of all pictures of Mary, an icon of the fourteenth century painted on walnut wood.

One legend, linked with the icon of OLPH, tells us that when Jesus was a small boy, the Archangels, Michael and Gabriel, appeared to Him holding the instruments of His future torture - the cross, the nails and the lance. The little Jesus fled in terror into the house and sought refuge in the arms of His Mother. In His haste the Child nearly lost one of His sandals. In this picture it is seen falling from His foot.

One cannot look at the picture without being struck by the pained expression on the face of Mary while Jesus' face is seen with the same shrinking fear He had during His agony in the garden, but with perfect resignation to God's will.

From the meaning of this picture we see that Our Lord Himself went to Mary, Our Mother of Perpetual Help, when He was afflicted with fear. His love for Mary is consequently the source of our own love for her. Love for Mary was born in our hearts because Jesus loved her first and translated a spark of that fire into our hearts.

On this blessed occasion, I wish you all a joyous feast of Our Lady of Perpetual Help. Let us always seek refuge in our dearest Mother at all times.

With love,
Royachan

Rev. Fr. Roy Moolechalil
Mission Director

HOLY MASS & SERVICES

All services are streamed LIVE on our YouTube channel

(click and subscribe on link below):

[YouTube Link: OLPH Syro-Malabar of Greater Washington](#)

WEEKEND SCHEDULE

SATURDAY, June 27, 2020

9:30 AM	ADORATION / ROSARY
10:00 AM	HOLY MASS
10:45 AM	OLPH NOVENA

Readings: (click on each reading to view online)

[2 Cor 2:12-17 : We are the fragrance of Christ](#)

[Mk 1:40-45 : Jesus heals the leper](#)

SUNDAY, June 28, 2020

9:30 AM	ADORATION / ROSARY
10:00 AM	HOLY MASS IN MALAYALAM
11:30 AM	HOLY MASS IN ENGLISH

Readings (click on each reading to view online)

[Is 1:21-31 : God's anger is on them who do injustice](#)

[1Cor 14:1-12 : Love is our goal](#)

[Gospel, Lk 12:22-34 : Become rich in the presence of God](#)

WEEKDAYS (MON – THURS)

6:30 PM	ADORATION / ROSARY
7:00 PM	HOLY MASS

FRIDAY, July 3, 2020

9:30 AM	ADORATION / ROSARY
10:00 AM	HOLY MASS

WEEKLY SCHEDULE



DAILY ROSARY LEADERS

Sunday, June 28

Jeffy & Anila Family

Monday, June 29

Roy & Rashmi Family

Tuesday, June 30

Sojan & Tima Family

Wednesday, July 1

Jijo & Saly Family

Thursday, July 2

Renju & Tisha Family

Friday, July 3

Cherian & Shanta Family

Saturday, July 4

Roy & Rashmi Family



DAILY BIBLE READING

(click on link to read online)

Sunday, June 28

[Psalms 9-16](#)

Monday, June 29

[Psalms 17-20](#)

Tuesday, June 30

[Psalms 21-25](#)

Wednesday, July 1

[Psalms 26-31](#)

Thursday, July 2

[Psalms 32-35](#)

Friday, July 3

[Psalms 36-39](#)

Saturday, July 4

[Psalms 40-45](#)

JUNE 28



[St. Irenaeus](#)

By : Tia Sajeev

JUNE 29



[Sts. Peter and Paul](#)

By : Riya Roy

JUNE 30



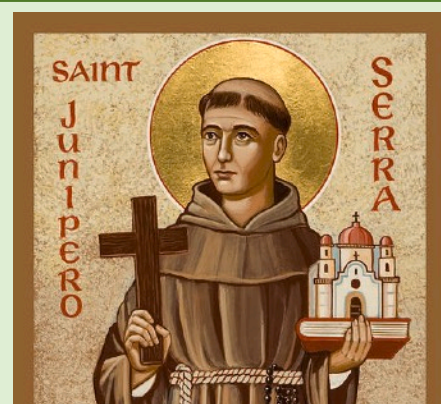
[First Martyrs of the Church of Rome](#)

By : Rona Roy

Click on the Saint's
name to read about
them

SAINTS OF

JULY 1



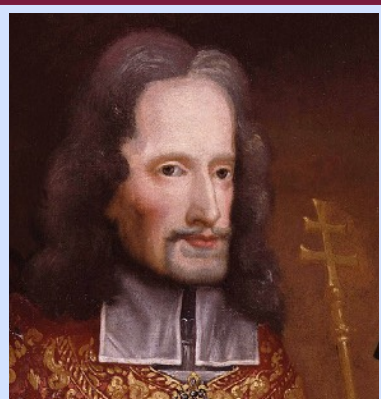
[St. Junipero Serra](#)

By : Nikhil Justin

THIS WEEK

Click on the Saint's
name to read
about them

JULY 2



[St. Oliver Plunkett](#)

By : Atul Thomas

JULY 3



[St. Thomas the Apostle](#)

By : Pearl Joby

JULY 4



[St. Elizabeth of Portugal](#)

By : Catherine Tenny

Insights into Saints Peter & Paul - Feast day June 29

~ By Riya Roy

11th Grade



St. Peter's name was originally Simon, and he was the brother of Andrew. When Jesus asked the question, *"Who do men say that I am?"*, it was Peter who said, *"You are the Christ, son of the living God."* Again, in John 6:68, Peter is the one who said *"Lord, to whom shall we go? You have the words of eternal life"*. It is because of this faith that Jesus gave him the nickname of "Peter" which means "Rock" and stated that it was upon the rock of Peter's faith that the Church would rise. After Jesus' ascension, Peter was the first Apostle to publicly preach Christianity in Jerusalem. He guided the early church and traveled through Jerusalem, Antioch, and Corinth, sharing the good news and converting people to Christianity. Peter, although an uneducated fisherman, was guided by the Holy Spirit to build the Church, and is known as the first Pope of the Catholic Church. Peter was martyred in Rome during the reign of Emperor Nero, around 64 AD. According to tradition, Peter was crucified upside down on the Vatican Hill because he claimed he was not worthy to die in the same manner as the Jesus. His feast day is June 29 and he is the patron saint of fishermen, locksmiths, builders, ship builders, sailors, shoemakers, those with foot ailments, and the Universal Church.

St. Paul the Apostle is one of the most influential figures in Christianity and through his missionary journeys, he spread the gospel around the world. Paul, whose original name was Saul, was a Jew from Tarsus. At a young age, Paul was sent to Jerusalem to be taught Law Of Moses by some of the greatest rabbis of the time. He eventually became an influential Pharisee, who had a strong hatred towards Christians. Paul believed that Christians were preaching against the Law of Moses and thus, he spent much of the first half of his life persecuting Christians. However, after his conversion, he became a devout follower of Christ and dedicated his life to spreading the gospel to the world. During the next 20 years, he preached ceaselessly and established several churches and communities in Asia Minor. God chose Paul specifically to bring the Good News of salvation to Gentiles. *"This man is my chosen instrument to proclaim my name to the Gentiles and their kings and to the people of Israel"* (Acts 9:15). During his missions, Paul taught the Gentiles that to attain salvation, they didn't need to follow Jewish customs and rituals. Instead he taught, *"If you confess with your mouth the Lord Jesus, and believe in your heart that God has raised him from the dead, you shall be saved"* (Romans 10:9). However, Saint Paul's teaching often drew a lot of criticism and controversy. For example, many of the Jerusalem apostles argued that converts should undergo circumcision as a sign of accepting the covenant between God and Abraham. However in Acts 15, St Paul successfully argued that Gentiles did not need to adopt Jewish customs such as circumcision to become a Christians. St. Paul is the patron saint of missionaries, evangelists, writers, journalists, authors, public workers, rope and saddle makers, and tent makers. His feast day is on June 29 when he is honored with Saint Peter, although he is also honored on other days throughout the year: January 25, for his conversion, February 16, for his shipwreck, and November 18 for the dedication of his Basilica.

July 3rd - Feast of St. Thomas (Dukhrana)

Christianity was introduced to India by Thomas the Apostle, who arrived on a lagoon near present-day Kodungallur (Cranganore; near ancient Muziris) in 52 AD, and traveled along the Malabar coast spreading the word of Christ. Throughout Kerala, families who were baptized by Apostle Thomas were called St. Thomas Christians.



**St. Thomas established
seven churches in Kerala**

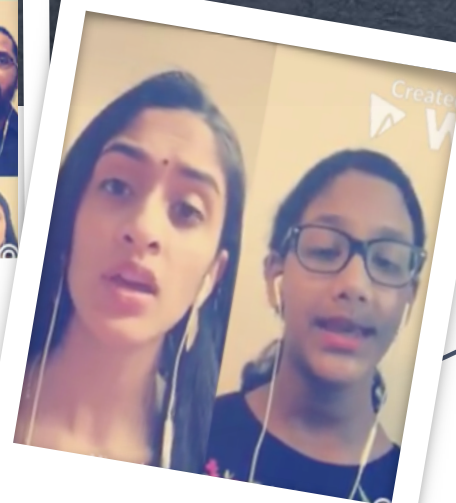
Wishing everyone
Happy 4th of July!!

July 4th
OLPH Families

20533 Zion Road

MD 20882, USA

A SOULFUL RENDITION OF THE SONG “QANDEESHA AALAHA” BY OUR CELESTIAL OLPH CHOIR.



Click on this link to hear the full song

<https://www.wevideo.com/view/1752862905>

Singers: Cherian Pereppadan, Renju Thachenkary, Jenson Jose,
Reena Philip, Saly Jijo, Liji Reji, Annu Abraham, Elizabeth Ipe and
Catherine Tenny

Building Updates



GET TO KNOW AN OLPH FAMILY

Sajeev & Shimna Parappurath

☆ Tia

☆ Roya

Sajeev is from Kannur and Shimna is from Wayanad in Kerala. They have two daughters, Tia, in 9th grade and Roya, in 4th grade. Sajeev is an employee at Marriott and they moved to Maryland, USA in 2016 from Bangalore, India.

Something you love about the OLPH community:

- We love the people. The more we live in this community, the more we realize that it's such a caring community. It's much more than welcoming and friendly. We've seen over and over again whenever there is a need, there is always help.

Favorite Bible verse or phrase:

- How good and pleasant it is when God's people live together in unity.(Psalm 133:1).

Favorite family vacation spot:

- Kayaking at Black Hill Regional Park & Lake Needwood.

Favorite family activity:

- Going on nature walks.



Sajeev, Shimna and family are active members of OLPH Church, but will be relocating to India next week.

The OLPH community will miss you very much.

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E-mail: newsletter.olph@gmail.com